

## Seals Family History and Cookbook

Profiles in Love and Service to God  
Johnny B. Brand

*Johnny lovingly leads his family down a trail where he shares inspiring stories (family history) in his new book, "Seals Family History and Cookbook."*

*His creative writing style enables the reader to both:*

*Dive in: read a well-written history book, and seemingly*

*Dine in: taste Seals Family's cookbook dishes. Thanks, Johnny Mrs. Ollie R. Johnson, Archivist & History-Museum Tour Guide New Sardis Baptist Church, Memphis, TN 38125*

*Retired Educator, Legacy Shelby County Schools Memphis, TN August 2018*

*In this book, the author along with contributing family members have given insight into real lives and lived experiences of the Seals family that are nothing short of fascinating. The men and women whose stories are told all came from modest circumstances yet managed to shape their world as much as they were shaped by it.*

*The realism which is very much a part of the Black American tradition is both refreshing and historical. What a wonderful way to honor the memory and legacy of those who laid the solid foundation for others in the Seals family to follow. Bravo to you my friend, Johnny. My hope is that you will continue to treasure and share your family's story.*

**Carolyn Barnes Rochelle**  
**August 2018**

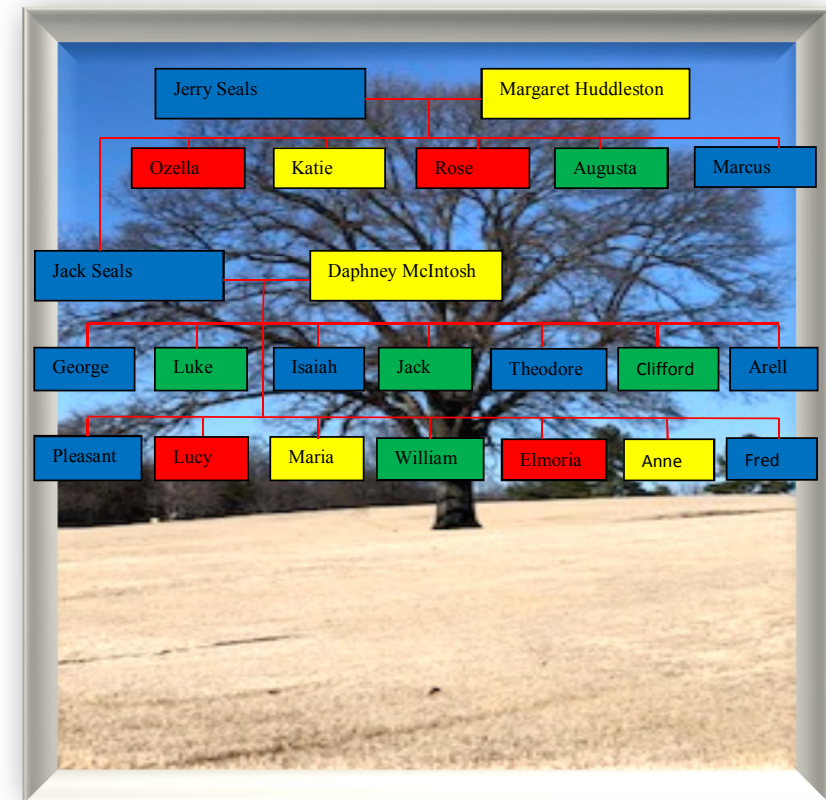


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